

# I Am a Professional in the Field of Dementia Care ...

## Where Do I Go For Training?

*Dementia Care: Quarterly 3-Topic Series for Professionals*

Attend one, two or all three. Each course is 1-hour and CEUs are available (RCFE, NHAP).

### Course 1

Communicating and  
Connecting with Individuals  
Who Have Alzheimer's



Managing Dementia-  
Related Behaviors

### Course 2

### Course 3

Activities that Enhance  
Dementia Care



**Classes held quarterly at Alzheimer's Orange County**

**844-HELP-ALZ (844-435-7259)**

See reverse side for course dates and times

**For more information or to register go to:  
[www.alzoc.org/services/education](http://www.alzoc.org/services/education)**

## Communicating and Connecting with Individuals Who Have Dementia

- Learn practical tools and techniques in communication.
- Understand how the use of these tools can reduce challenging behaviors.
- Practice new skills that enhance well-being in individuals with memory impairments.

### Irvine:

Alzheimer's Orange County  
2515 McCabe Way  
Irvine, CA 92614

### Saturdays, 9:00 am – 10:00 am

June 4, 2016\*\*  
September 3, 2016  
December 3, 2016  
March 4, 2017

*Approved by the Nursing Home Administrator Program (NHAP) for 1 hour of continuing education credit – NHAP #CEP 177. Approved by the California Department of Social Services (CDSS) for 1 hour of continuing education units for RCFE administrator recertification. Course Number: 147-0111-28644. Alzheimer's Orange County Vendor #2000147-740-2.*

## Managing Dementia-Related Behaviors

### Saturdays, 10:00 am – 11:00 am

June 4, 2016\*\*  
September 3, 2016,  
December 3, 2016  
March 4, 2017

### Irvine:

Alzheimer's Orange County  
2515 McCabe Way  
Irvine, CA 92614

- Learn how dementia-related brain changes can affect clients' behaviors.
- Identify common triggers for behaviors associated with dementia.
- Learn how methods of “contented involvement” and a person-centered approach can be used to redirect dementia-related behaviors that are considered challenging.

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## Activities that Enhance Dementia Care

- Learn the benefits of using a person-centered approach and methods of “contented involvement” when planning activities.
- Understand how incorporating the “Best Friends” approach can improve activity participation.
- Learn how to “right size” activities for residents as they progress through the stages of dementia.

### Irvine:

Alzheimer's Orange County  
2515 McCabe Way  
Irvine, CA 92614

### Saturdays, 11:00 am – 12:00 pm

June 4, 2016\*\*  
September 3, 2016  
December 3, 2016  
March 4, 2017

*Approved by the Nursing Home Administrator Program (NHAP) for 1 hour of continuing education credit – NHAP #CEP 177. Approved by the California Department of Social Services (CDSS) for 1 hour of continuing education units for RCFE administrator recertification. Course Number: 147-0111-28642. Alzheimer's Orange County Vendor #2000147-740-2.*

**Attend one, two or all three. Each course is 1-hour and CEUs are available.**

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844-HELP-ALZ (844-435-7259)**

**\*\*No charge to attend June 4<sup>th</sup> sessions**